



The Mercy of God Prayer Center

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What to Expect During My Prayer Session

How will the prayer Session begin?

- The prayer team will ask for your name, introduce themselves and ask what specifically they can pray with you for. Each team has a leader and an intercessor.
- They will ask your permission to touch you (place a hand on your arm or shoulder, or hold your hands).
- They may ask your permission to pray in their own prayer language while praying for you.

Do I have to tell the details of my story?

- No. God knows what is in your heart and everything that you need. The prayer team may ask questions to clarify or as they feel called by the Holy Spirit. Share only as much as you feel comfortable. Everything shared will always be kept completely confidential.

What if I am uncomfortable?

- It is important that YOU are comfortable.
- Be honest with the prayer team concerning your comfort zone. If you prefer to not be touched or have people pray in their prayer language, say "NO". It does not minimize the prayer experience nor does it offend anyone.
- You can change your mind during the prayer session. For example, if someone places a hand on your shoulder, but later, it becomes heavy and uncomfortable, ask them to stop.
- If at any moment, if you want the prayer session to end, please politely tell the prayer team you are done and they will stop.

Will they give me advice to help me solve my problems?

- No. Our prayer teams are instructed to not give advice or counsel, but rather to take all of your prayers and petitions to Jesus Christ.
- During your session, prayer team members may share insights with you that they receive. If they do, they will ASK if the thoughts they receive mean something to you. These insights are for YOUR DISCERNMENT. Only you can discern if they are of value or not to you.

What if I need more time or more prayer?

- If your time with our prayer team feels too short, and you feel you may benefit from a longer, follow-up session, please consider scheduling another private prayer session, at a later time, in our Prayer Room at the Mercy of God Prayer Center.
- Call to schedule free sessions at 512-814-6470 or email us at mogpc81@gmail.com.

What if I don't "feel" anything?

- Everyone experiences receiving prayer and even receiving healing differently. Some people have an emotional reaction, and some feel very little or nothing. Please remember that Our God is much bigger than any of our emotions; these feelings do not mean he worked more or less in your life than others. Know that God heard your prayers and He is working in your life!